

## BREAKFAST

(Served from 8:00-11:30)

*Food worth getting out of bed for...*

GREAT BRITAIN BREAKFAST	55
2 Poached /Scrambled eggs, crispy Bacon, 2 Pork sausages, Baked beans, grilled Mushrooms & grilled Cherry Tomatoes – served with white or brown toast, butter and jam.	
OXFORD STREET BREAKFAST	48
One Poached egg, crispy Bacon, grilled Mushrooms, grilled Cherry Tomatoes served with white or brown toast, butter and jam accompanied with a mini Fruit Salad.	
ROME BREAKFAST	60
Wilted spinach on a toasted Ciabatta topped with Portobello mushrooms, Thyme, White Cheddar cheese, 2 Poached eggs and a dollop of Roasted Pepper Mayonnaise.	
MAMA MIA DELIGHT	60
Two Potato and Feta Pancakes topped with crispy Bacon, 2 Poached eggs & Tomato relish, garnished with Feta Cheese, Olives, Parsley and a wedge of Lemon.	
LEANING TOWER OF PITA	58
One Poached egg, Red onions, crispy Bacon, grilled Mushrooms, grilled Haloumi topped with Lime and Caper berry Relish served in a butter toasted Pita.	
HAUSSMANN PLAISIR	48
Low GI or Rye toast topped with Avocado, Lime, Pepper & Coriander served with scrambled Eggs on the side accompanied with a spicy Virgin Mary.	
*Add Smoked Salmon	16
LA PETITE TRIANON	62
Low GI or Rye toast topped with grilled Asparagus wrapped in Parma Ham, Emmenthal cheese, 2 poached Eggs drizzled with Minted Hollandaise sauce.	

## COMFORT BREAKFASTS

L'ABONDANCE	52
French toast topped with roasted Peaches with a dollop of Mascarpone Cheese layered with Apricots & Pecan nuts.	
PAIN PERDU WITH SUMMER FRUIT KEBABS	55
French toast topped with Almonds & Summer Fruit Kebabs accompanied with a Lavender Honey Dip and Whipped cream.	
OMELETTE AU SAUMON (3 Egg Soufflé Omelette)	65
Smoked Salmon, Dill & Cream Cheese served with toast of your choice, butter and jam.	

OMELETTE AU PIPERADE (3 Egg Soufflé Omelette) 60  
Grilled peppers, Leeks, Garlic, oven roasted Cherry Tomatoes, Parsley, Chili, Mushrooms and  
crispy bacon. Served with toast of your choice, butter and jam.

OMELETTE AU “PETITS FOURS” 66  
Breast of Chicken, fresh Thyme, chopped Parsley, grilled Mushrooms & caramelized baby  
Onions with a dollop of Sherry infused Double Cream.

### *PLEASURE WITHOUT GUILT*

CÉRES DELIGHT 45  
Oaty Apple Crumble served with Vanilla Yoghurt drizzled with Honey.

ON SCHULDIG ONTBIJT 50  
Toasted Grain and Nut Cereal sprinkled over plain Yoghurt and cut Summer Fruit flavoured with  
Spekulaas Sugar.

BANANA BREAKFAST SHAKE 26  
Bananas are a great source of potassium, which is said to play an important role in controlling  
high blood pressure. – Bananas, Low fat natural yoghurt, Low fat milk –

TROPICAL SMOOTHIE 32  
Pineapple and Papaya are rich in antioxidants and contain enzymes that stimulate the digestive  
system. – Papaya, Pineapple, Low fat milk, Plain yoghurt –

DETOX SPECIAL 30  
When you just don't feel yourself, the intake of vitamins A & C is just what the doctor ordered!  
– Mango, Kiwis, Pineapple juice & Fresh mint –

ORANGE, PAPAYA & BANANA SMOOTHIE 29  
It's the perfect drink for anyone recovering from illness or fatigue.  
– Papaya, Lime juice, Banana, Orange juice & Ginger –

### *CROISSANTS & MUFFINS*

PLAIN CROISSANT served with butter & jam 23

NUTELLA CROISSANT served with butter & jam 26

CHEESE AND ROASTED CHERRY TOMATO CROISSANT 28

MUFFINS – enquire about our freshly baked selection 23

SCONES served with butter & jam 24

#### EXTRAS ON THE SIDE

Cheddar Cheese 8

Cream 7

Ice cream 12

## DESIGNER SANDWICHES

Served with Potato crisps or 2 Side Salads of your choice.

SANDWICH POULÉT AU EPICES ET AUX FRUIT SECS	60
Grilled Chicken breast, dried Apricots & Dates served on a French baguette topped with a Lemon Confit & Mayonnaise dressing.	
NAPOLEON'S CHOICE	70
Roast Beef, fresh Rocket, Tomatoes, Red Onions served on Ciabatta topped with a Garlic Crème.	
BEAUTE NATURELLE	64
Grilled Chicken breast with salad leaves, Avocado, fresh Mint & Mango served on Rye bread drizzled with a Fruity Mango dressing.	
FLEUR DE LIS BREAD KEBAB – Low GI bread	66
*Pick 2 fillings to make your own kebab	
❖ Boiled Egg, Avocado or pulp, Bacon & Home Made Mustard	
❖ Cucumber, Salad Leaves, Tomato, Onion & Mayonnaise	
❖ Grilled Baby Spinach, Boiled Egg, Sundried Tomato & Cottage Cheese	
LAVAYETTE'S DELIGHT	58
French Baguette filled with Niçoise Salad.	

## DISHES TO MAKE YOURSELVES... HAVE FUN!

*Served with side salad* 65

Toasted Pita filled with:

- ❖ Tuna, Corn, Mayonnaise & Chives
- ❖ Blue cheese, Grilled Bacon & Rocket
- ❖ Basil pesto, Roasted Mediterranean Vegetables, Mozzarella and Tzatzitki
- ❖ Goats cheese, Lavender Honey & Roasted Pecan nuts

*And accompanied with*

- ❖ 2 Mini Lemon & Herb Chicken Kebabs
- or
- ❖ 2 Madras Curry Lamb Kebabs

### TOASTED SANDWICHES

A choice of White, Brown or Rye Bread. Served with 1 side Salad or Potato Crisps

BACON, EGG & MOZARELLA	38
BACON, AVOCADO & EMMENTHAL CHEESE	42
TUNA, CORN, MAYONNAISE & CHIVES	39
PESTO, ROASTED MEDITARANEAN VEGETABLES & MOZZARELLA	45

### SALADS

O-LA-LA!	67
French Beans, Raspberries, Roasted Almonds, Mozzarella & Marinated Artichokes.	
O! SO GOOD!	67
Basic Green Salad topped with Cherry Tomatoes, Peppadews, Avocado, Bacon & Grilled Haloumi drizzled with a honey & Mustard Dressing.	
JARDIN SALAD	68
Basic Green Salad topped with Pears, Mango, Basil, Mint, Roasted Pecan nuts & Grilled Chicken.	
O! SO HEALTHY!	69
Sliced Low GI toast with Salad Greens, Smoked Salmon, Avocado, Cucumber, Cottage Cheese and Dried Banana drizzled with Lemon infused Olive Oil.	
MOULIN ROUGE	62
Cherry Tomatoes, Strawberries, Red Peppers, Peppadews, Emmenthal cheese & Roasted Almonds served on a bed of Salad Greens & drizzled with a Strawberry Reduction.	

### PIES, PASTRIES & SAVOURY BAKED CHEESECAKES

Please feel free to view our wonderful freshly baked Pastries, served with 2 side salads.

Whole-wheat Quiches	48
Phyllo Quiches	48
Short crust pastry Pies	48
Savoury Baked Cheesecakes	59

## SOMETHING SWEET

Simply choose from today's selection of Petits Fours favourites complimented with cream.

Normal Size Cakes	35
Celebration Cakes	38
LOW FAT FROZEN YOGHURT & ICE CREAM	52
<i>ADD 2 Ingredients of your choice.</i>	

### *HEALTHY*

Bananas  
Strawberries  
Kiwi  
Pineapple  
Peaches  
Mango

### *NAUGHTY*

Cheesecake chunks  
Chocolate sauce  
Brownie Triangles  
Roasted Almonds  
M & M's  
Caramel Triangles